1:Gallin E-4,5 (1957-1958) 1966
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demon, who can be bought off with bribes of food and money, to make him release the victim's spirit and then leave.

If neither the supernatural efforts of the *t'iao t'ung* and the *fa shih* nor the medical efforts of a doctor produce a cure, the family may conclude that the supernatural causes of the illness require more than medical or magical means. Recognizing the inadequacy of man and shaman in the situation, they are forced to decide that it is necessary to appeal to the gods for help. The family then asks the entire village to sacrifice to the gods in the hope that they may intervene in behalf of the sick person. If even this effort fails and the patient dies, the villagers then conclude that the person was "fated to die at this time." While one informant noted that "Fate is a person's explanation of what has already happened," most villagers feel that "a person is fated to die at a certain time and the gods can do little to control or change that fate. If the person becomes ill when he is due to die, it is no use to call a *t'iao t'ung*. That person's life is already full and so there is nothing that can be done to make his life longer. If the gods could save those who are fated to die, then later there would be so many people that people would eat people."

A Case in Point

During my stay in Hsin Hsing village, I witnessed a case in which a family used Western- and Chinese-style doctors, several *t'iao t'ung* and *fa shih*, and eventually a joint village *pai-pai* to the gods in order to cure a sick member of the family. The family's twenty-year-old daughter had displayed signs of insanity over a period of several years. When she was disturbed she was subject to attacks of extreme depression accompanied by brief, but sudden, outbursts of intense crying, screaming, and cursing. When anyone, including her parents, attempted to quiet her, she would strike out at them wildly. For weeks at a time, the girl could scarcely perform her ordinary duties. Then her aberration would pass and for several months or nearly a year the girl would behave normally until she was taken with another attack.

The first of these attacks took place while the girl was living in Taipei, where she kept house for her father who worked there. The girl's mother and other siblings were living in the village, working the family's small piece of land. When the girl first became disturbed, a Western-style and then a Chinese-style doctor were called in to treat her.[3] When they were unable to help, a master *fa shih* was called in and, according to the villagers, cured the girl completely. However, the *fa shih* became angry when he was not given enough money as a reward for his aid. The family and villagers feel that as a result he put a curse on the girl and that since that time she has suffered these intermittent attacks.[4]

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158 159 755 [756] [782] The girl was eventually brought back to the village to live, and it was during the period of one attack that I was able to observe the techniques used to deal with the disturbance. Over a period of weeks a series of *t'iao t'ung* were called in an attempt to determine the cause of the problem. After each visit by a *t'iao t'ung*, a *fa shih* was employed and every time some more powerful master *fa shih* was called upon. Finally, the family of the girl asked the entire village to take part in a *pai-pai* in order to ask the gods to help. Four or five weeks after the onset of the attack the girl's symptoms seemed to disappear, and she resumed her normal village life. The only explanation the villagers could offer for the recovery was that perhaps the powers of the shaman, combined with the help elicited from the gods, rid the girl of the demons which possessed her.

Other Forms of Magical Activities

731 621 787 789 756 In addition to the healing rituals, there are other magical activities frequently carried on in the Hsin Hsing village area. When a village house catches fire, prodigious energy is expended on rituals to rid the village of the menacing "fire spirit" or "demon" usually believed to have caused the conflagration. On one such occasion, a *t'iao t'ung* was called in to help the villagers find out how to safeguard the rest of the village from fire, and a *fa shih* was called upon to exorcise the malevolent demon. The fire spirit ritual was held late at night, and practically the whole village turned out to watch the proceedings. The *t'iao t'ung*, assisted by about seven other men, held a large, wooden chair which was normally used to seat the statues of the gods during processions, such as that held for Matsu. At the *t'iao t'ung's* initiative, the men began to shake the chair as an invitation for the god to come and sit in it. Gradually, the *t'iao t'ung* went into a trance, and while the god was trying to take his seat in the chair, the men shook it more and more violently, so that it appeared to take the strength of all of them to hold on to it. Once the god was seated in the chair the shaking diminished. At this point the *t'iao t'ung*, possessed by the god, began to chant. A *fa shih* was present to record the god's words, which told the people how they could get rid of the fire spirit and protect the other village houses. The god directed the people to appease the demon by burning paper money in different parts of the village and also advised them to place protective charms on each house. These charms were made by the *fa shih* who had been called upon to exorcise the demon.

By the light of several lanterns and torches, the villagers, the *t'iao t'ung*, and the *fa shih* began to proceed through the village as directed. At intervals during this march, a man carrying the chair suddenly would become possessed by the god. Eventually, all these men became

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a member of one's family to suffer and possibly even die without trying every available means to save him?"

As is true of the curing rituals, the ritual that usually follows a fire in the village also has the important function of alleviating anxiety over this constant threat about which the villagers can do little directly. And, similarly, for another ever-present concern, the taking water ritual serves as a form of health insurance. Thus, these rituals also do much to relieve the constant anxieties of the villagers.

The psychological value of the curing rituals to the patient is very obvious. In Western society, when doctors and medicines cannot cure an illness, there is usually little room for further hope except for the minority who believe in practitioners like Oral Roberts or some other faith healer or miracle worker. In rural Taiwan, however, no one need abandon hope at this point, nor feel totally helpless in the face of the unknown. It is always possible and culturally acceptable to attribute the trouble to some supernatural cause and call in a shaman.

There is a possiblity of real psychological benefit for the patient who can be made to believe that the supernatural is truly the cause of his illness and that it is being dealt with by time-tested, traditional means. If he is, in fact, suffering from some psychosomatic illness, the reassurance that everything possible is being done can have very definite value. The shamanistic curing ritual, of course, also focuses attention on the patient. Family, friends, and villagers join together in the hope that their participation will bring about a successful cure. The attention, and the knowledge that the family has willingly assumed a heavy financial burden to have these services performed, can well give the patient a real feeling of worth and contribute to his recovery.

This kind of reaction can be seen in the case of the village girl, discussed above, who "went mad" (*fa feng le*). From the villagers' point of view the powers of the shamans, combined with the help elicited from the gods, together rid the girl of the demons that possessed her. Yet, from the Western point of view, it seems reasonable to assume that the rituals may have brought about their purpose in quite a different way—by making her a center of the attention not only of her family but the entire village, they made her conscious that the entire community valued her and hoped for her recovery. Their solicitude could therefore have relieved some of her anxieties and given her the confidence she needed to get well.

Another contributing factor is related to the very nature of the ritual which is used to exorcise demons. The vehemence of the shaman as he attempts to exorcise a demon is impressive enough to hear, but to be the object of his vehemence must be traumatic indeed. The shaman performs alone in the dimly lit house with the patient, while the family and villagers listen nervously from outside, not daring to come near for fear they will be "hit head-on by the demon" as he flees the

#547 855 would run and pick me up and beat some milk to feed me. Everyone says that she was very good to me. She was just like a mother, and she is still very fond of me. When she tells me about those days she still cries about it, and then I cry too. My foster mother was always beating me. It wasn't that she didn't like me; it was just her temper. She would beat me whenever she was angry. Sometimes I would just be sitting there doing my homework, and she would grab me and beat me for no reason at all that I knew of. I had to be very careful. Sometimes I would run away bleeding and still she would chase me and beat me some more. When my sister got married and had a baby I would run home from school right away and carry the child because I knew that I wouldn't be as likely to get beaten with the baby on my back. Because I liked to study so much I got my sister to enroll me in school. Oh, how I got beaten for that! When I needed money for school, I always asked my sister to give it to me, not my mother. I didn't dare ask her. And when I got home from school I always had to work. I can still remember looking out the window at other children playing when I was working. Sometimes when my foster mother left the house I would run out and play. Naturally I would forget how long I was there, and then I would really get punished. Really, my foster mother beat me too often and too hard. I was always shaking with fear. My husband married into our family, and we moved next door, but my mother would still come over there and beat me. Whenever I think of my childhood I wonder why it was that my mīa: was so bad."

#547 626 Needless to say, such treatment of adopted daughters is not generally approved. Foster parents who beat their adopted daughters are often criticized for "beating other people's children," and if the treatment of the child is excessively cruel the family's neighbors may interfere on behalf of the child. This happened in Hsiachichou in the case of an elderly woman who made a practice of confining her adopted daughter under a bamboo chicken coop and then walking around and around the coop with a bundle of burning paper. But while public opinion does exist and does to some extent serve to protect adopted daughters, it is really only effective in curbing the worst kinds of abuses. Many

589 return for his foster sister's having been allowed to marry out of the family. While this was probably not the reason he remained single, it did at least make it possible. In another case a man was apparently [158] prevented from marrying by a mental illness. Although he died a number of years before we came to the village, we were told that he was slow of mind "and stood shaking his head when you talked to him." [784] This is said to have been his punishment for making fun of the god Chi [776] Yeh who is always represented in festival parades as a short black- [829] faced deity with the habit of continually wagging his head to and fro. The other two cases involved two brothers whose departure from the normal pattern was almost certainly due to poverty. Although this family has lived in Hsiachichou for a number of generations they have [736] never owned any farm land or even a house site. One of their former [87] neighbors told us that even though he was first in his class the present head of the household was forced to quit school after the fourth grade "because the family couldn't afford the few dollars a year for [541] tuition and books." Although the brothers of these two men did manage to marry, it is significant that one of them had to marry matrilocally.

Of a total of 121 women who grew up in Hsiachichou at least 9 (7 percent) and perhaps 11 (9 percent) did not marry by the time they 588 were thirty years of age. One of the doubtful cases involves a woman by the name of Tan A-giok who was in her mid-forties in 1960. According to several of our informants, Tan A-giok's parents arranged for a man to marry into her family, but he didn't stay "because her mother was always saying things to him. He just couldn't stand it, and so he left